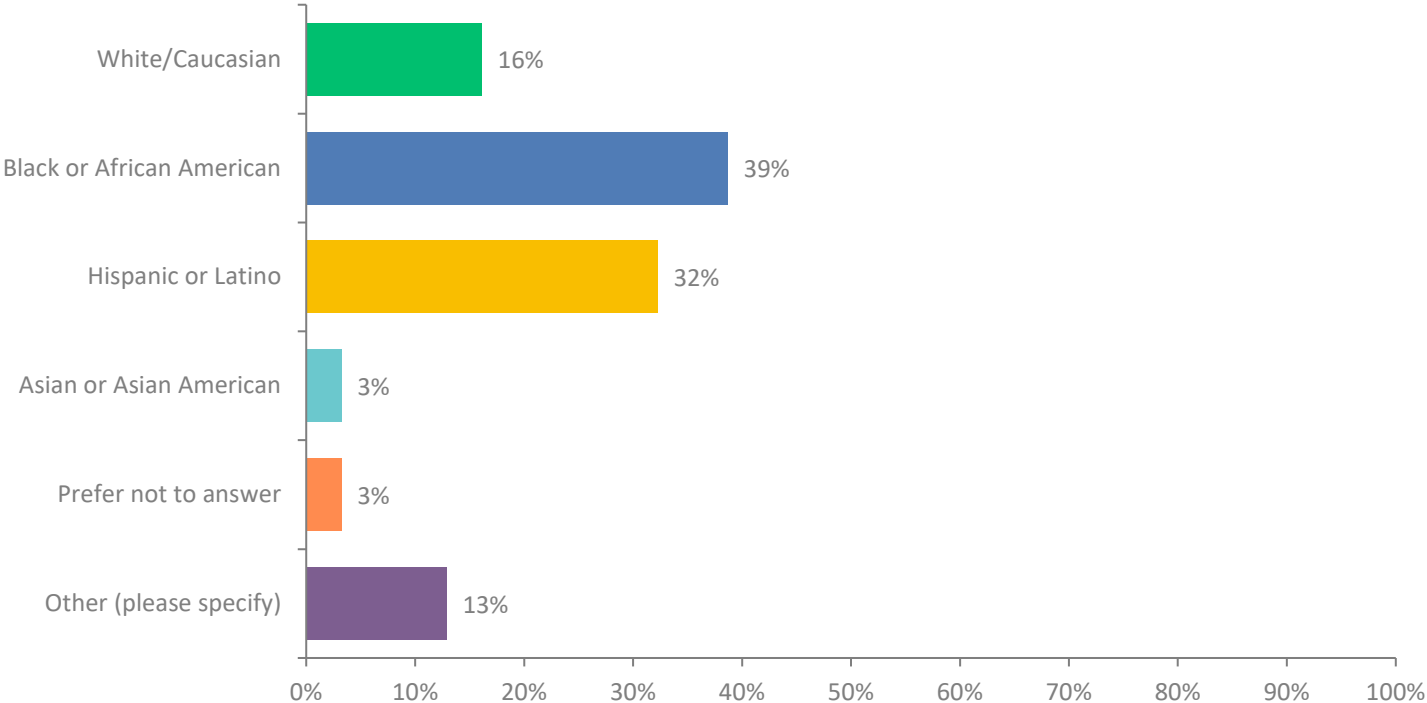


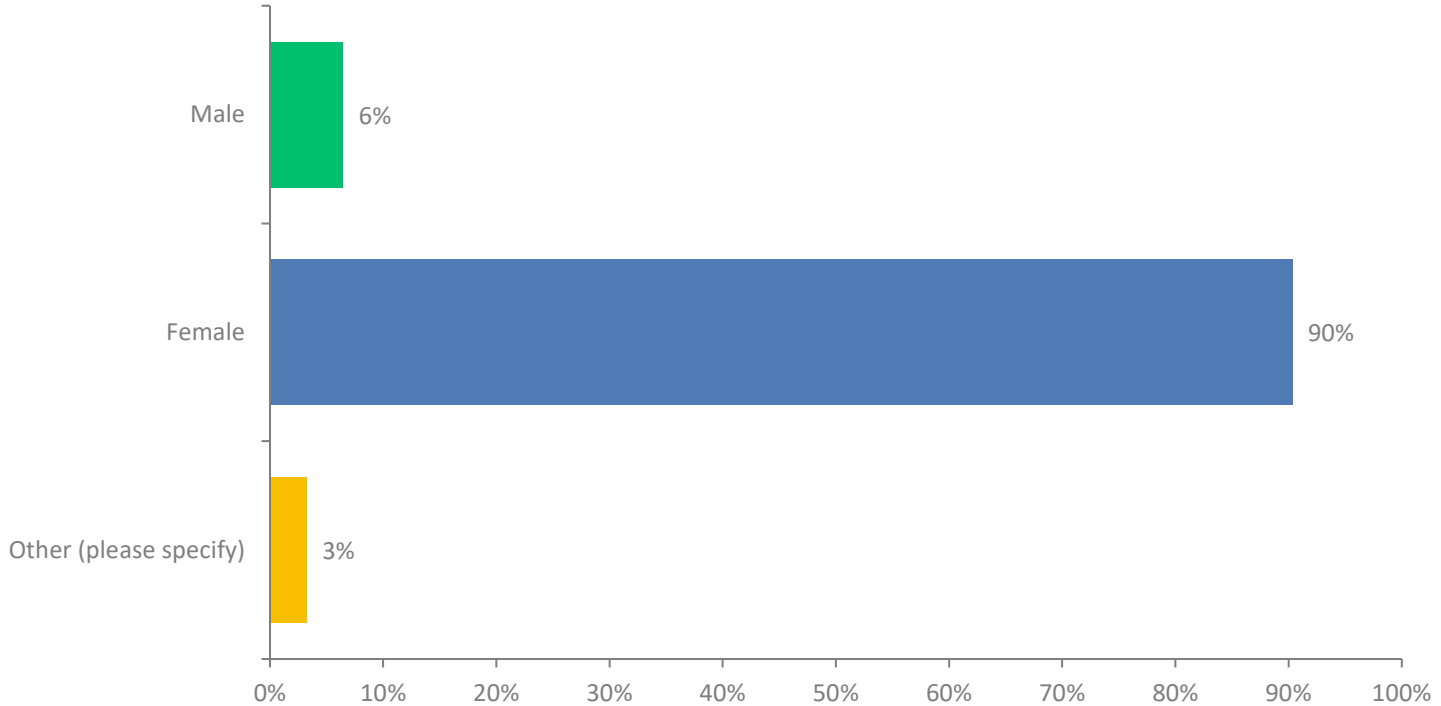
MERCY UNIVERSITY iHELP FELLOWS FEEDBACK SURVEY for Cohort 1-3



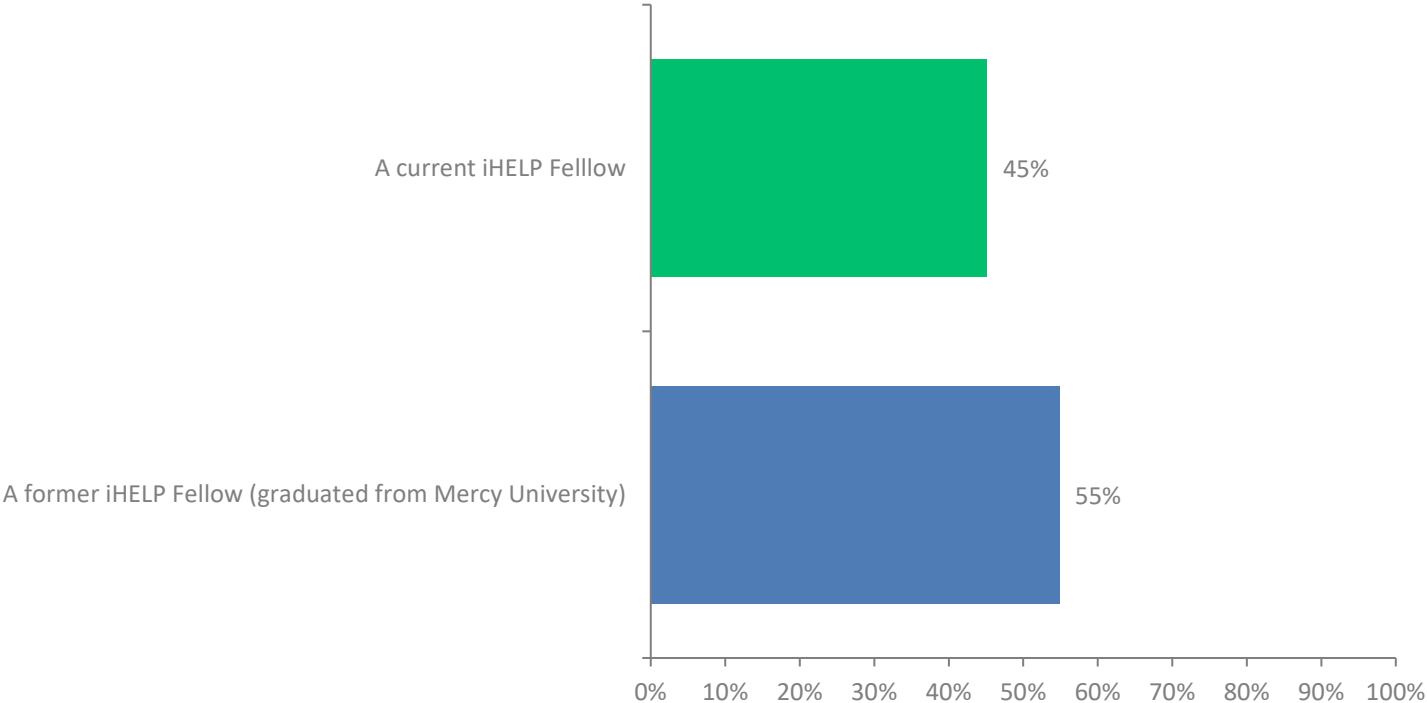
Q1: What is your ethnic background? Check all that apply.



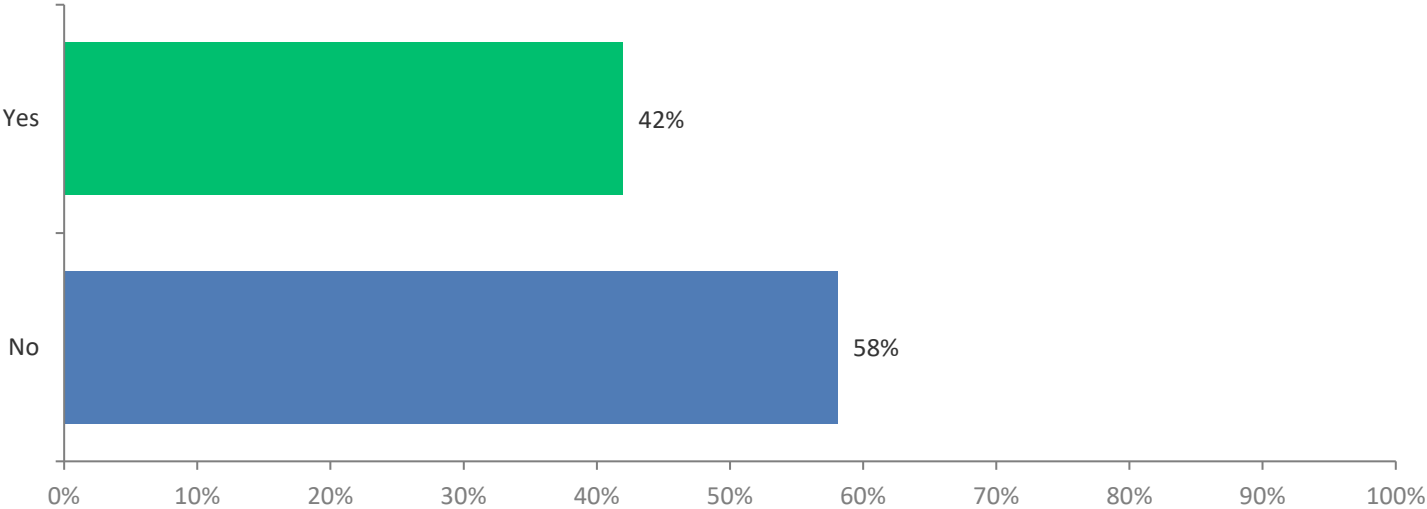
Q2: How would you describe your identity? Check one.



Q3: Are you:

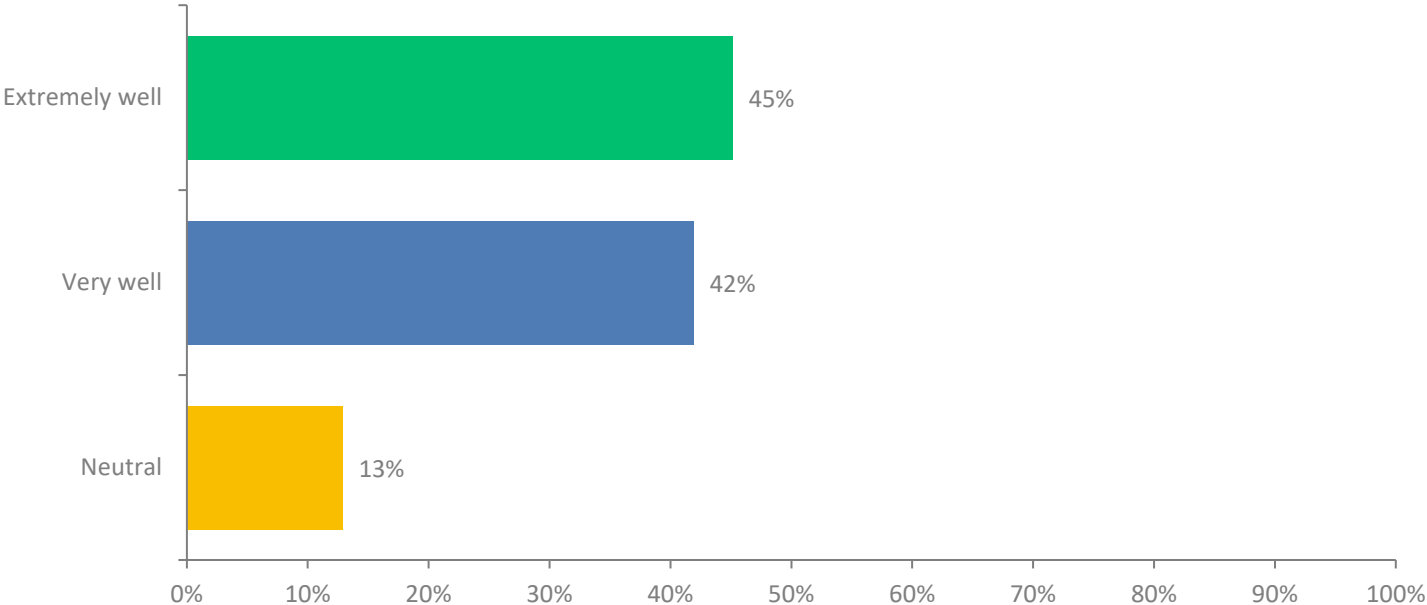


Q4: Are you bilingual?

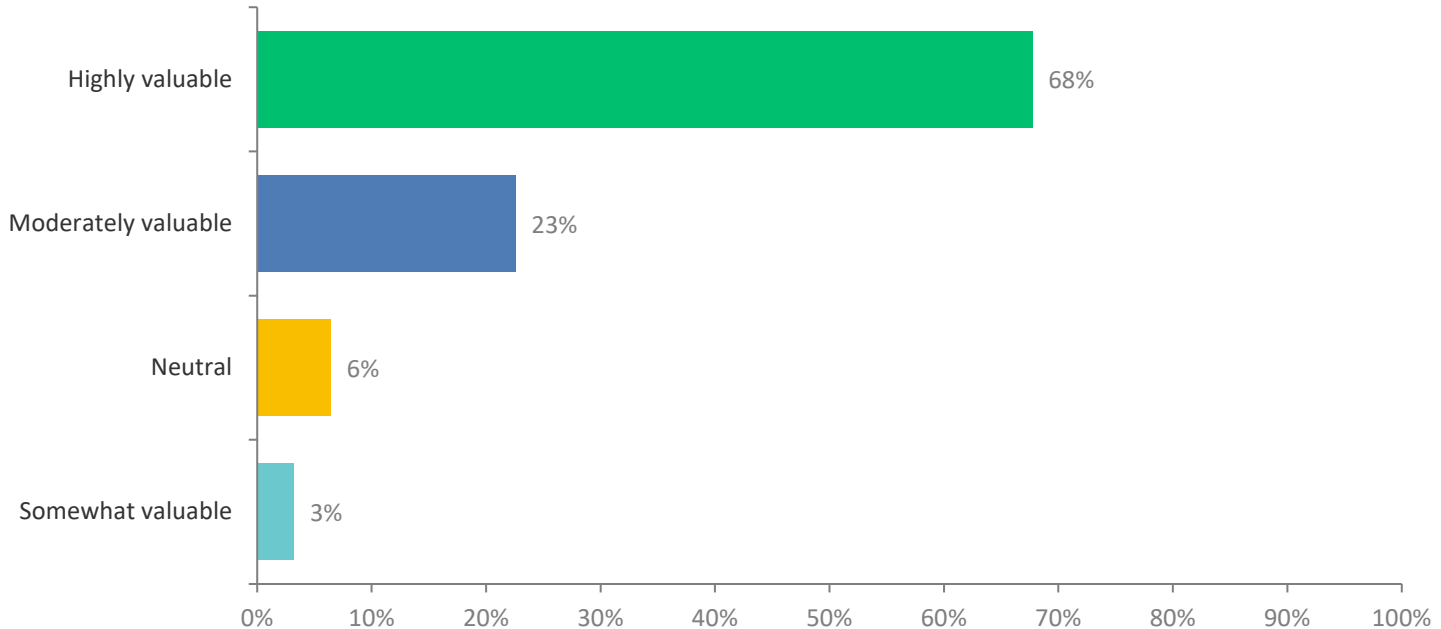


Eleven (11) iHELP Fellows reported speaking Spanish, while two other spoke Arabic and Ibibio (1 each).

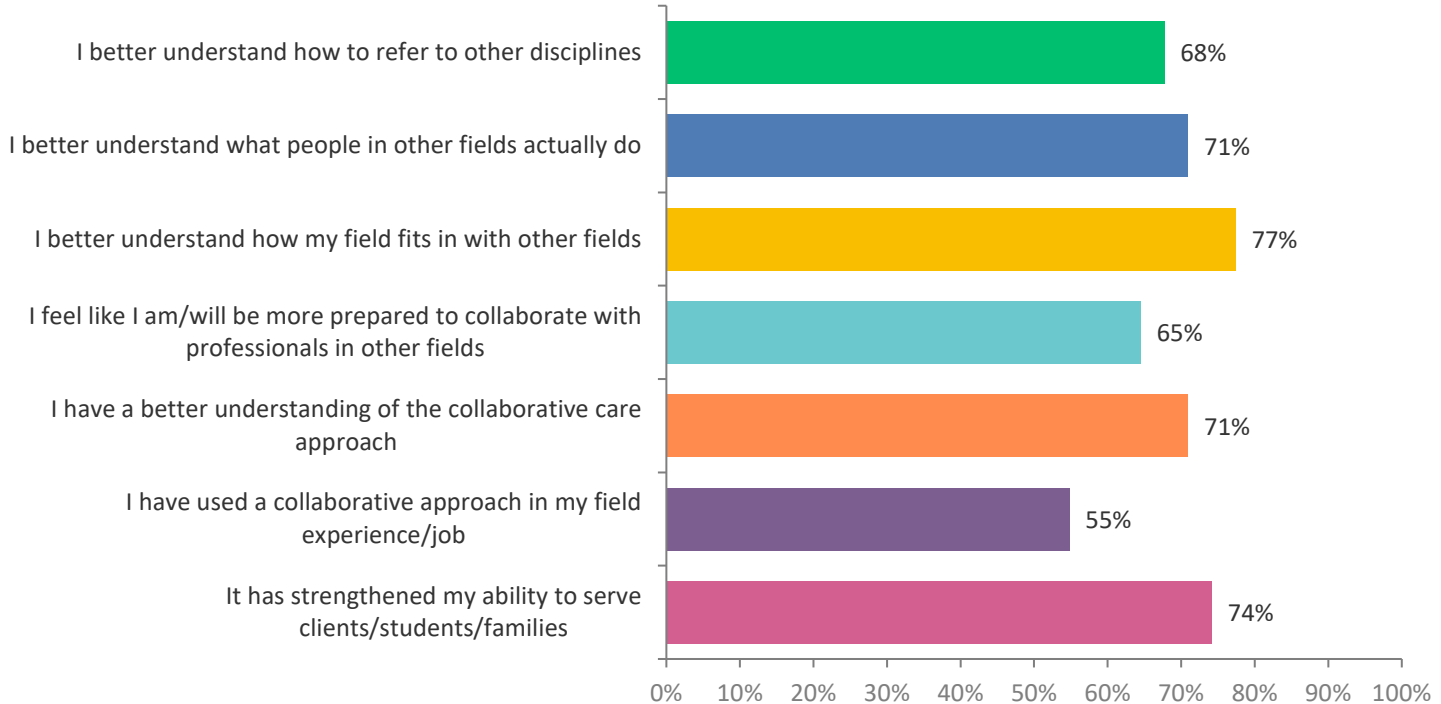
Q6: How well do you feel the iHELP Fellowship aligned with its stated goal to prepare Fellows for interprofessional and interdisciplinary collaborative practice in high-need, high-demand areas? Check one.



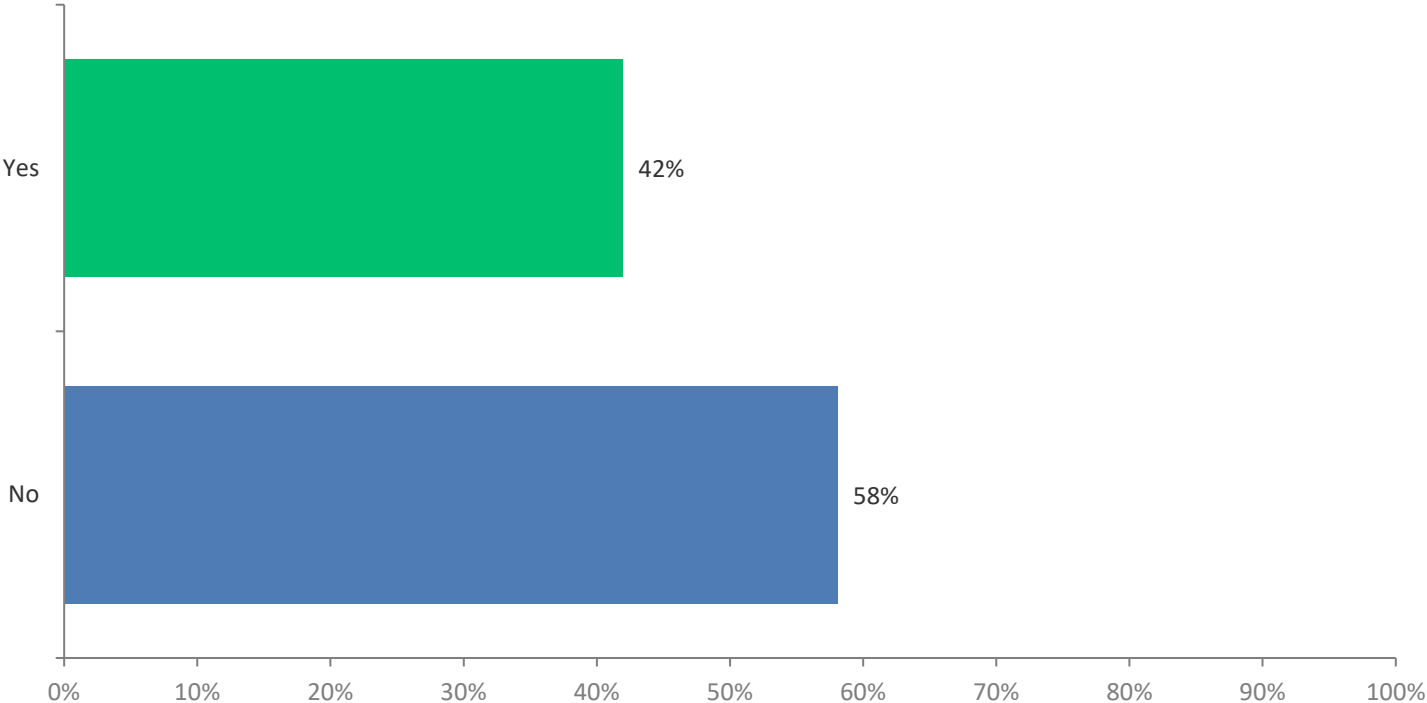
Q7: How valuable is/was training and working with students and faculty from different disciplines in increasing your knowledge, skill and application of collaborative practices? Check one.



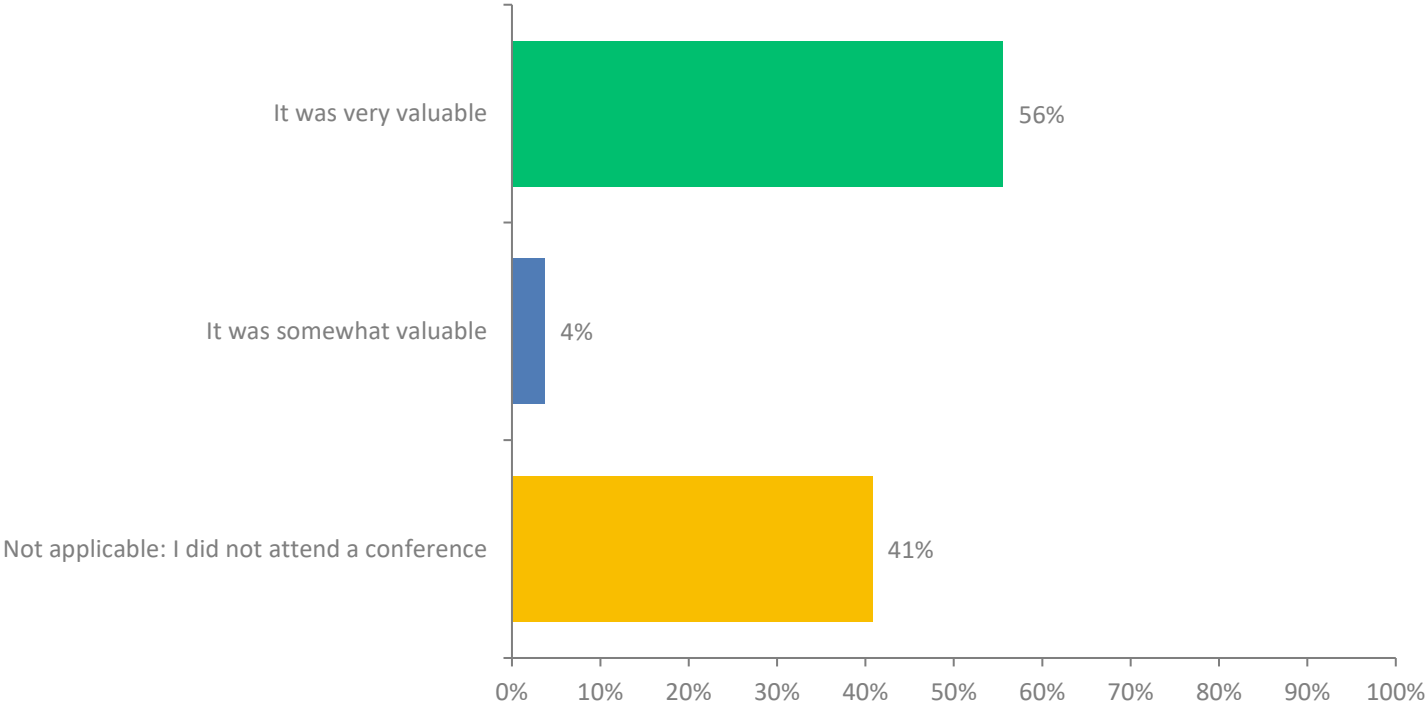
Q8: In what ways has an interdisciplinary experience enhanced your training? Please check all that apply.



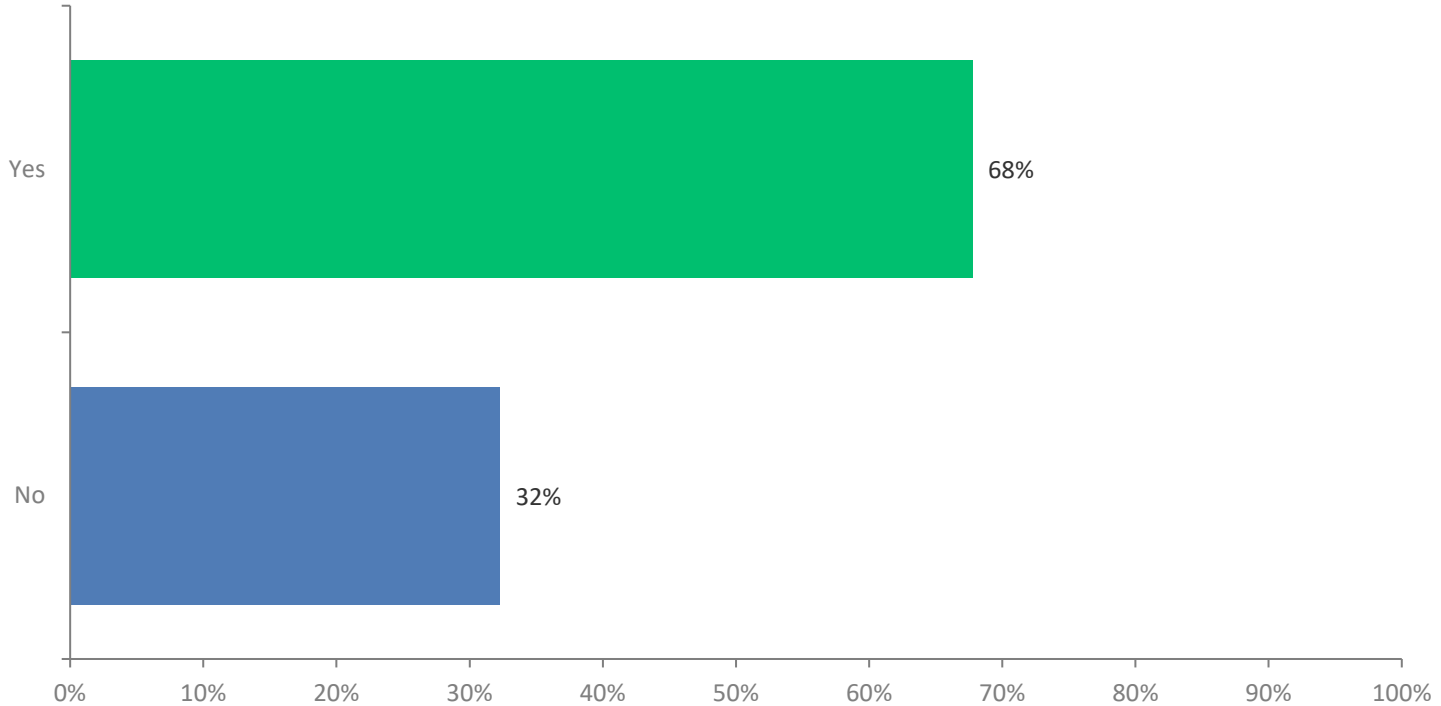
Q10: Did you attend a professional conference through the iHELP Fellowship program?



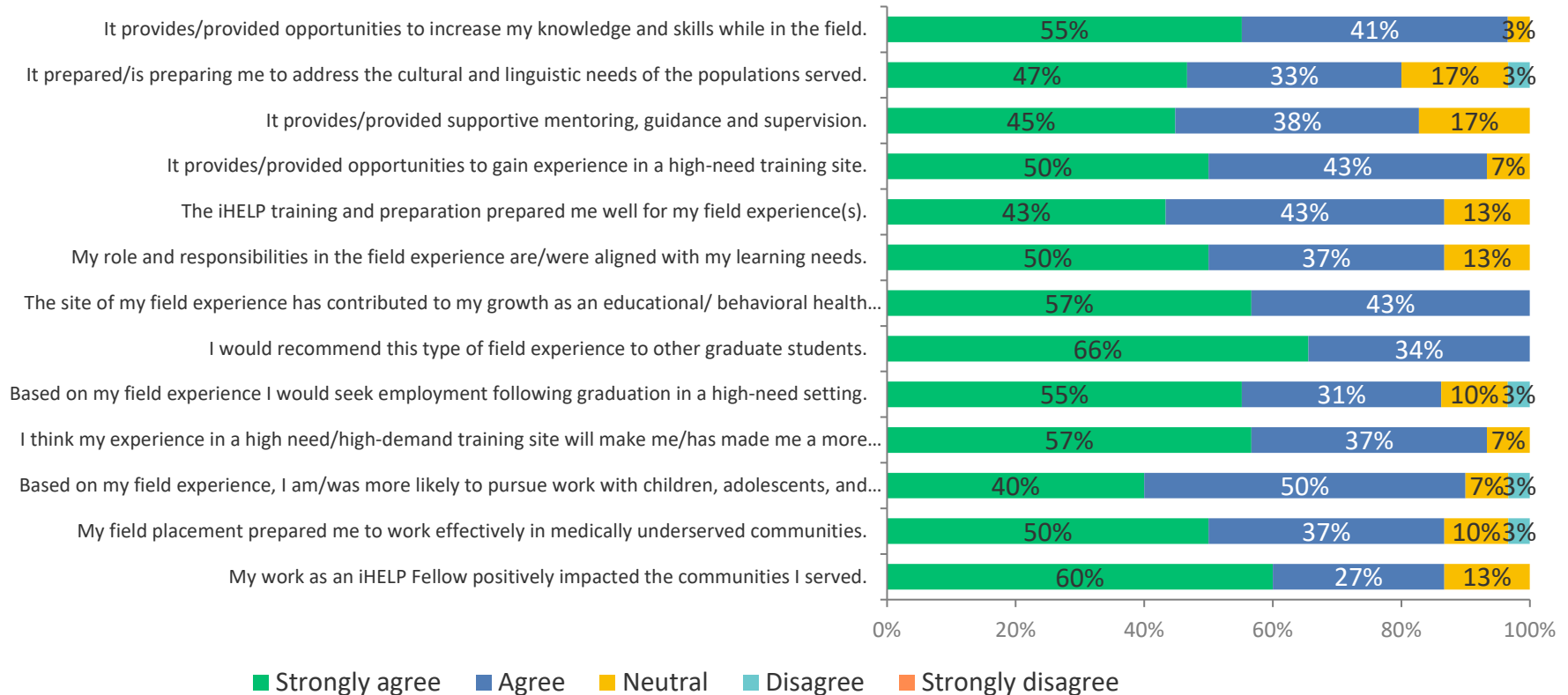
Q11: If YES, what did you think of the experience?



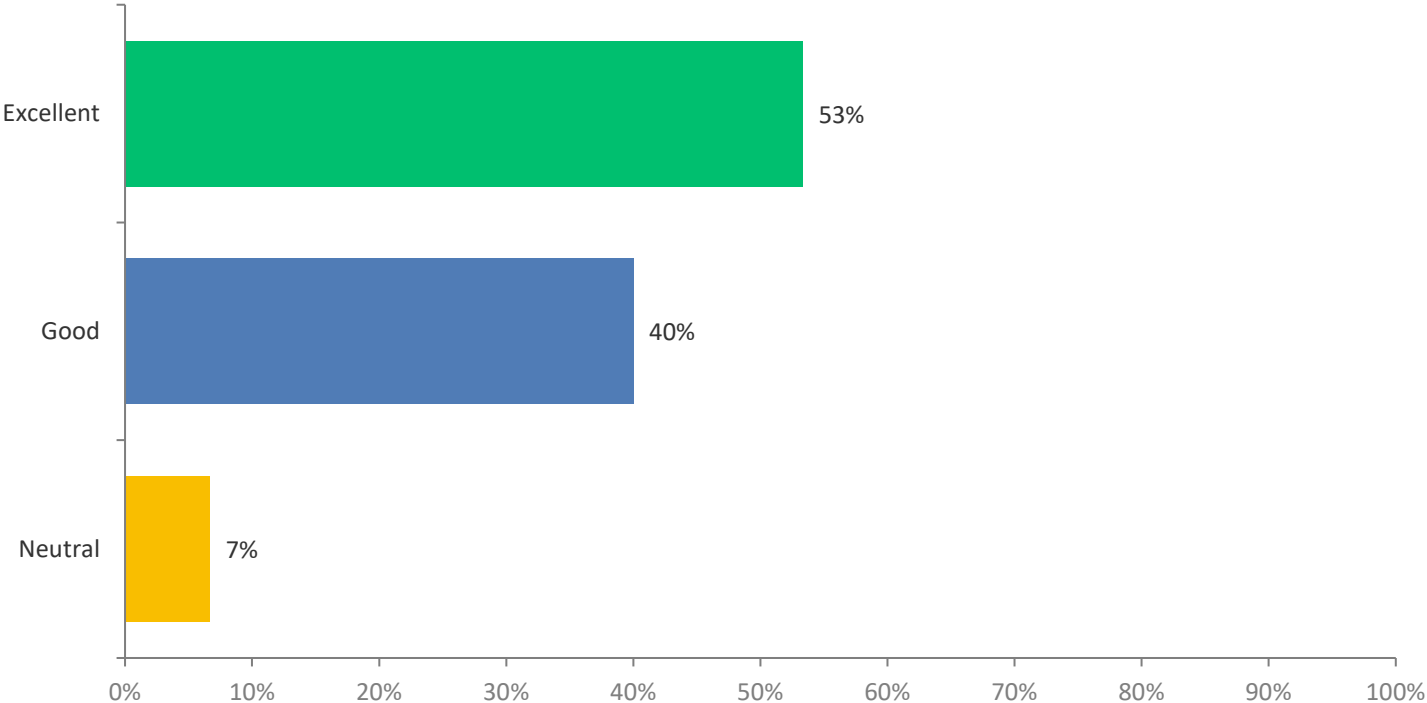
Q12: Did the program provide you training for telehealth practices?



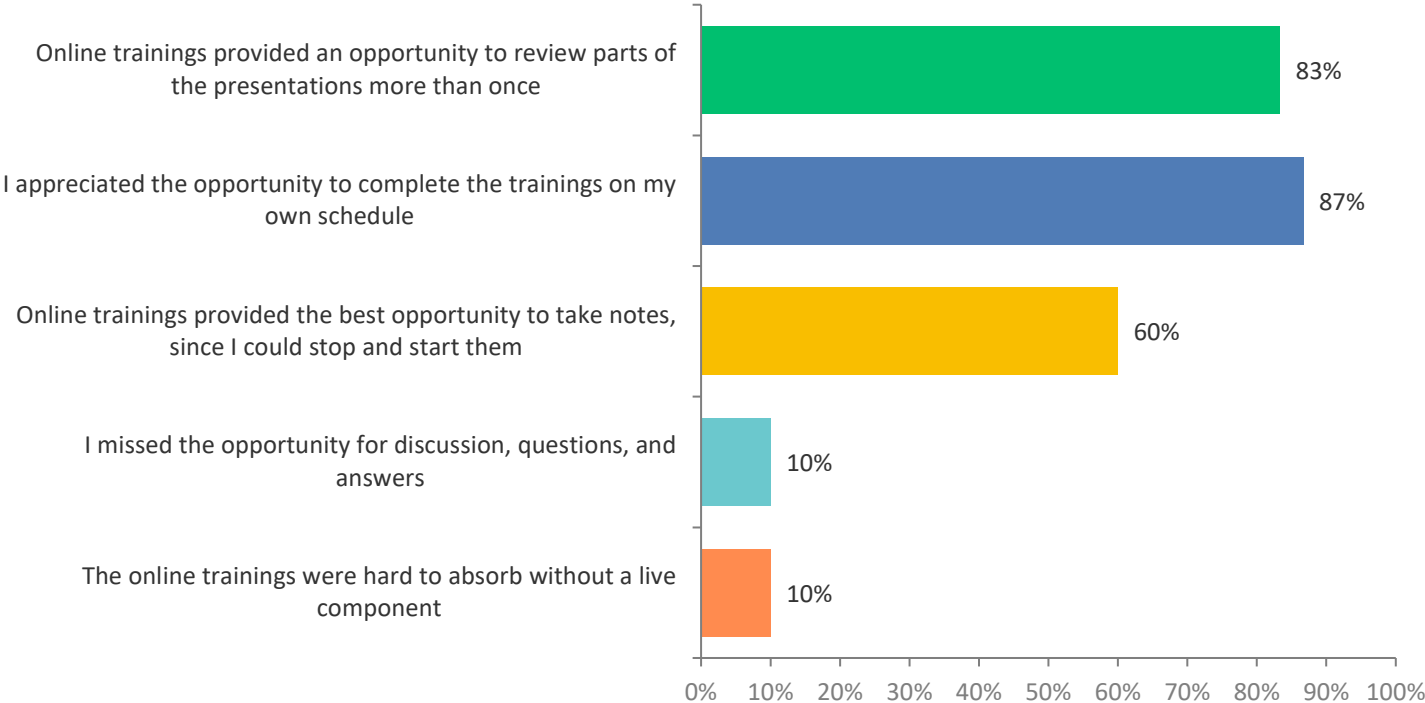
Q14: Please indicate your level of agreement with the following statements regarding your field experience. Check one box in each row.



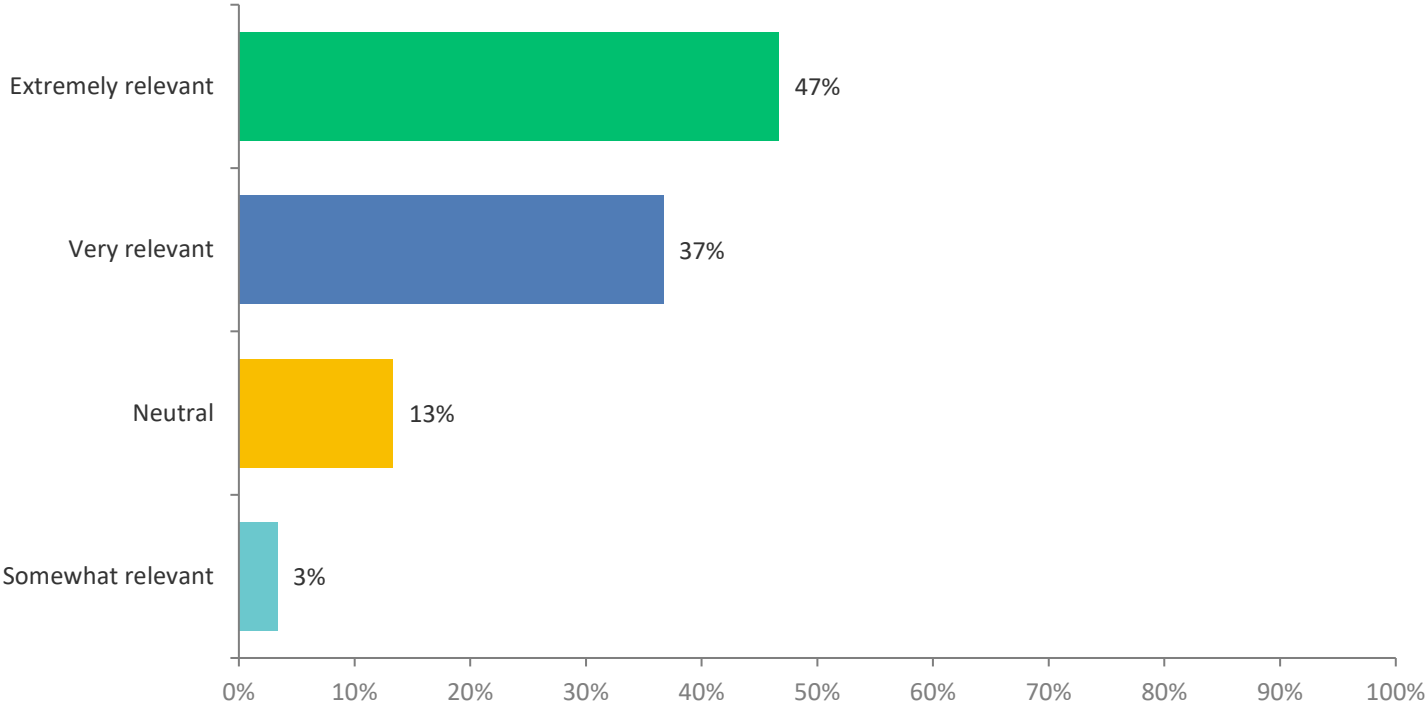
Q16: How would you rate the quality of the workshops and materials provided (e.g., CPI modules, synchronous workshops)?



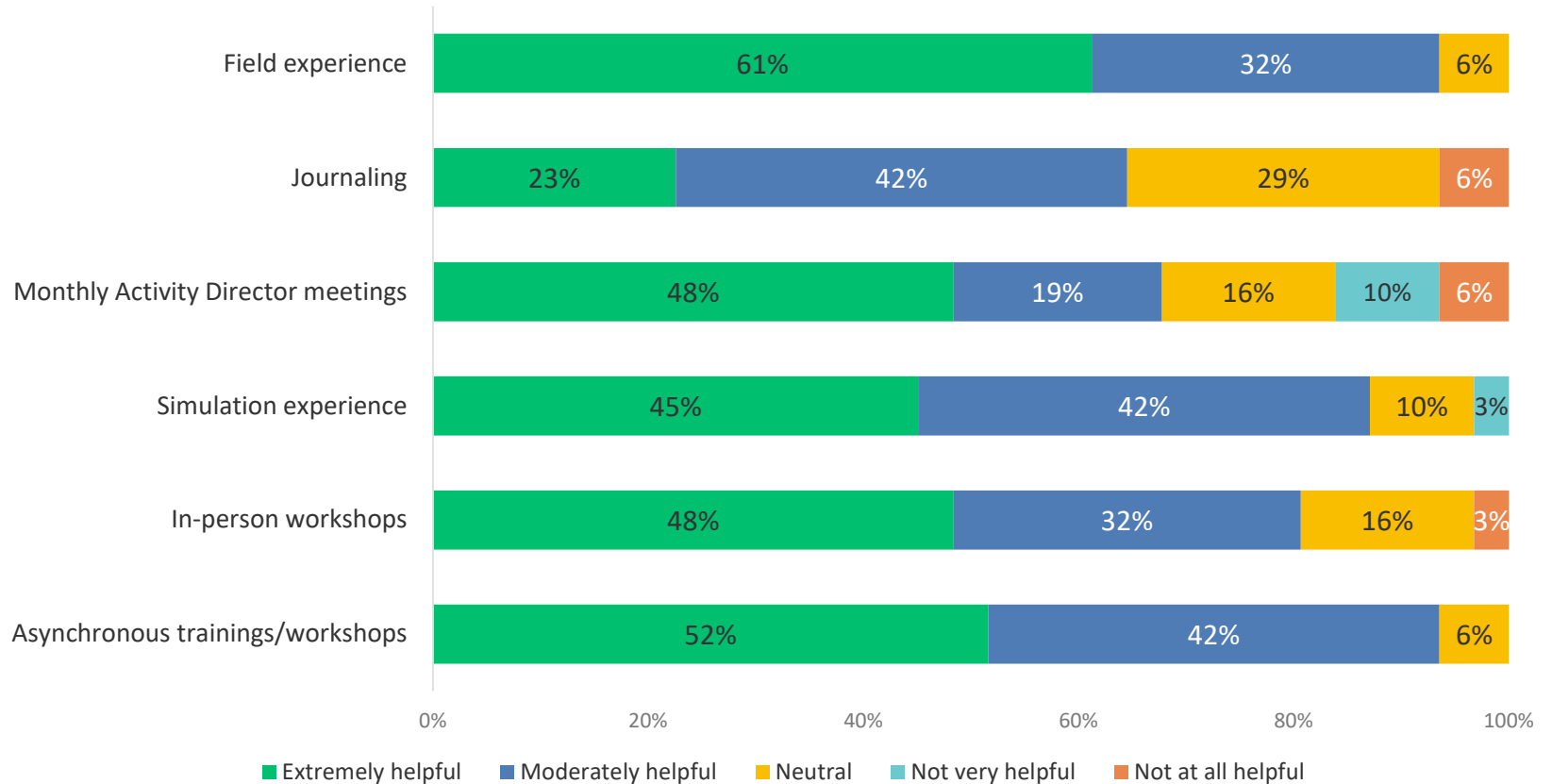
Q17: What were the benefits and challenges of online/asynchronous trainings? Check all that apply.



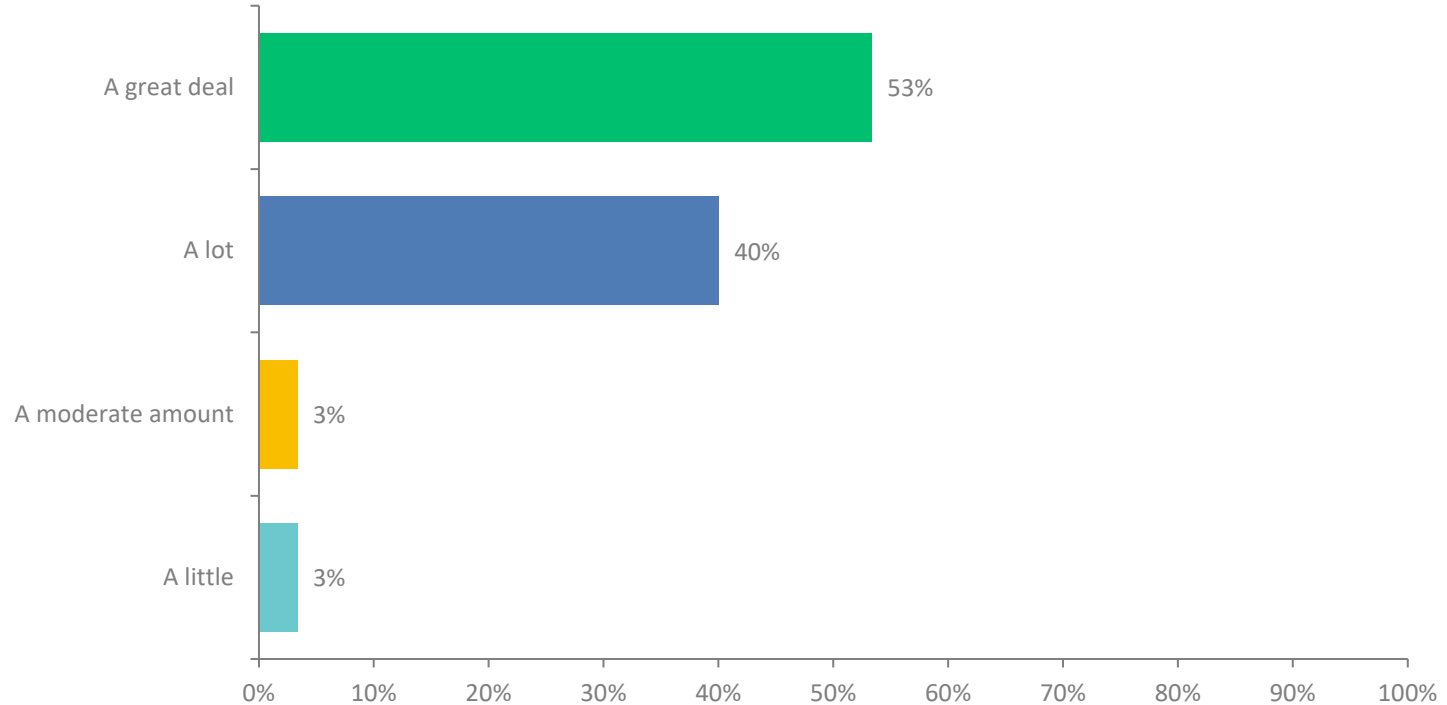
Q18: How relevant were the simulation activities to your professional development?



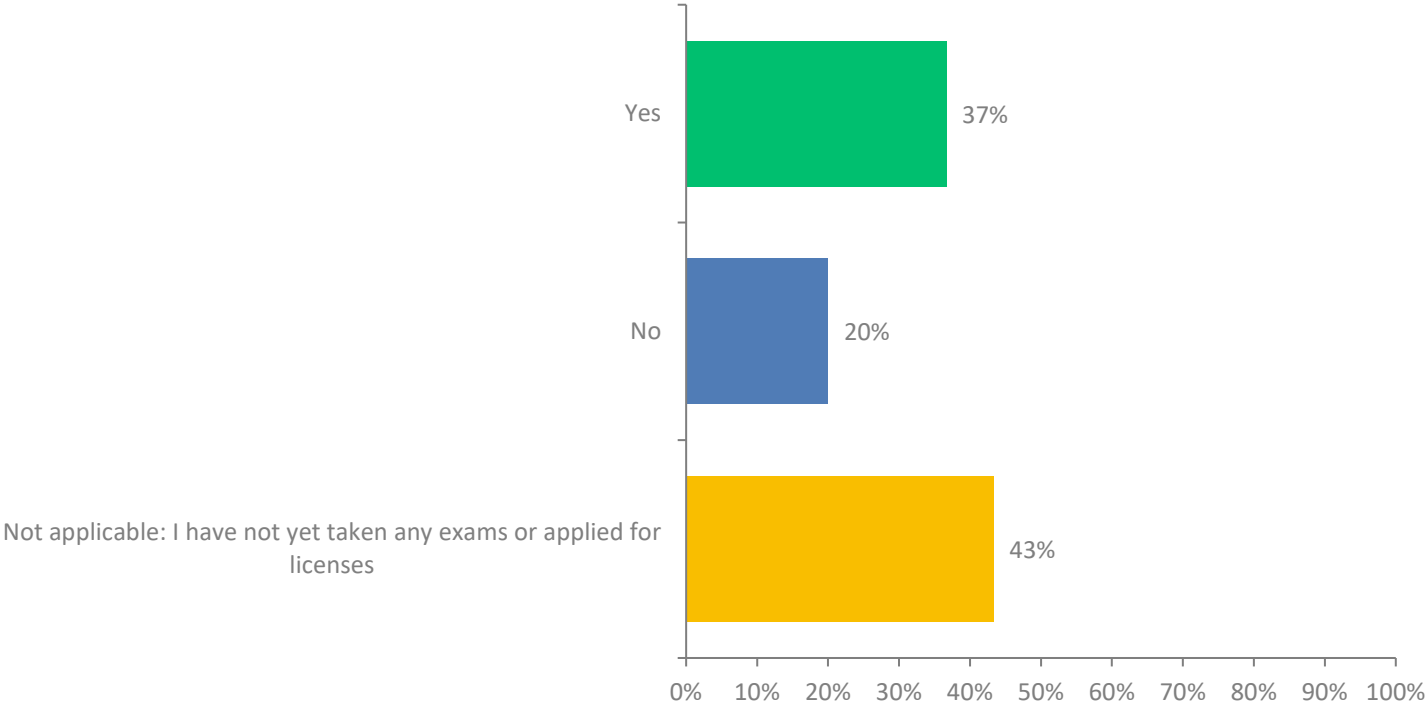
Q19: How helpful have you found the following aspects of the iHELP Fellowship program professionally?



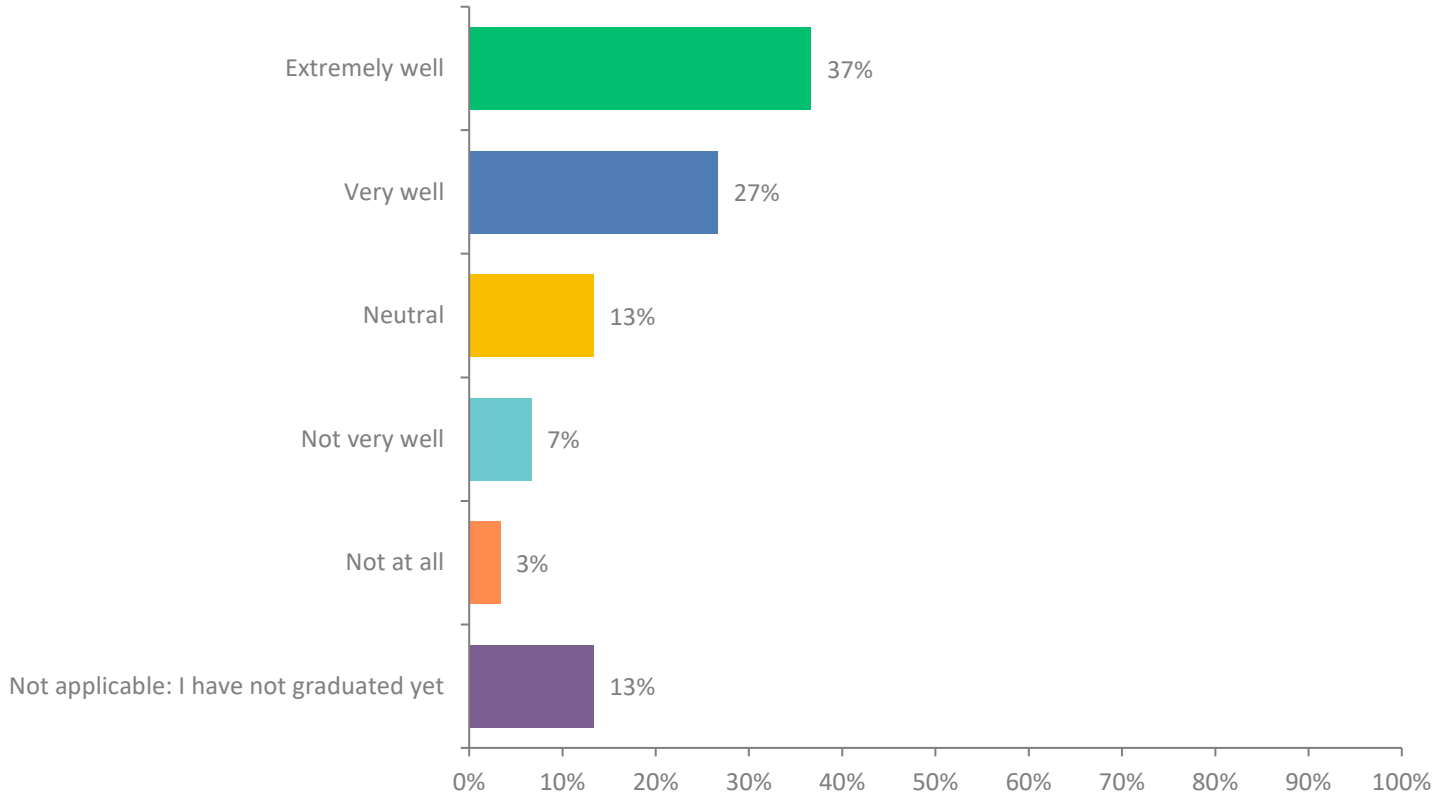
Q20: How much are you using or do you anticipate using the information from the Fellowship workshops in your fieldwork or job?



Q21: Did the iHELP Fellowship adequately prepare you for your licensure or certification exams?



Q23: How well do you feel the program's career placement services, including field site supervisor feedback and career development workshops, supported your transition into the workforce?



What aspects of the iHELP Fellowship experience (e.g., field experience, training, supervision, etc.) have been the most valuable to your professional learning and growth?

Working in a fast paced environment prepared me drastically for my current duties as coordinator supervisor of my agency. Attending the conference was significant in my decision to pursue a continued education.

Workshops that focused on substance use and grief with young children and adolescents

Training

The simulation training, I love them!

Simulation, Suicide Training and group discussion within groups

the live virtual trainings

The trainings, ACA conference and mock trainings.

ACA conference helped me to see so many diverse perspectives and thought processes. I believe it opened up what therapy could look like and how we can continually push boundaries of care.

Running small groups on my own, planning them and leading them.

Suicide Prevention training

The workshops were the most valuable

Everything was extremely valuable.

The live webinars especially on the topics of racial inequities.

The CPI, the simulation exercises, the resume preparation information, the monthly check in meetings

The simulations were the most helpful for me

Are there additional supports or resources you believe would benefit future Fellows?

Yes, more detailed vetting of field placement personnel.

More emphasis on virtual counseling.

More trainings

The ability to visit different sites or gain on-hands experience. The simulation was great and very useful!

More speakers will be needed to express their experience in the field.

Mercy has to use internship 1 and two classes to prepare for the NCMHCE. I feel that students should be ready to test as soon as they graduate and not prepping for those while in last 2 semesters of school is harming students.

Job fair?

Yes. Things like having us shadow in one day or a week, with facilities that would model what a day to day in the life of collaboration would look like. But then again we could also learn that via our internship site programs.

Resources for the LGBTQIA+ community

Are there specific areas where the program could improve its training or field placement opportunities?

All fellows should experience ACA conference.

List of approved sites within counties to support students for field placement

I would've love to have seen opportunities to gain certifications in different areas of mental health.

Provide more workshops

As an OT fellow, I believe a lot of the training were extremely helpful and beneficial. However, it was still unclear how OT fits in the simulations created. The simulations were gear more towards therapy and same with some trainings. OT students should be better explained what our role is in mental health field and in the IHelp program.

Have more diverse options and less regulations as regulations have made it do some supervisors are no longer willing to work with Mercy which is a disserve to students who follow

The supervising professors should make field visits to evaluate the supervising counselors and their skills.

In person fellowship opportunities would be nice.

Everything was great from my experience.

More in person trainings

Please elaborate on any issues, challenges, and/or benefits you encountered during your field experience.

During my experience my engagement with a former employee at the internship site, cause me extreme mental, emotional stress. Although a great learning experience on how to resolve issues in a professional setting.

I benefited from learning how to counsel adolescents and parents in challenging situations. It also helped with safety issues when dealing with online counseling.

The trainings THE MOST BENEFICIAL TO ME

(Vilanova) Activity director was unresponsive and rude, did not take into account anyone's schedules and constantly scheduled meetings at 5:00pm on Fridays, despite being told many people could not attend, notified people of their mock simulations less than an hour beforehand making many people scramble last minute and very clearly favored the MFT fellows over those from other disciplines.

One of my field placement sites was much more educational and engaging than the other.

People in the programs struggled with the programs lack of flexibility and were stressed during site searches. More support is needed.

Challenges I experienced were on a college level, not on the level of the IHELP fellowship

Benefit is feeling more comfortable in my field

What additional training would you suggest?

More training on how to prepare to and offer people telehealth services would be very helpful

More telehealth simulations.

Telehealth

Telehealth and higher severity treatment such as residential and inpatient

More advocacy training

Exploring different platforms like zoom or doxy

Please add any comments about the collaborative/interdisciplinary nature of the iHELP Fellows program.

My biggest take away is my knowledge and awareness of other areas of discipline. It's nice to have networks of varied areas of discipline reliably available.

It builds confidence as a professional individual in the field.

This program was an amazing opportunity to be part of. It taught me a lot and I use the things I was taught within my field daily.

IHELP was a great valuable experience.

One of the best program I participated.

It provides the clients with quality care based around that client's needs.

It's been such a blessing to have an experience that is helping me continue to further my training. Especially since desiring to learn more about motivational interviewing and its applications, and through iHELP I got to learn very thoroughly what that meant in practical application. I just wished we had access to those video trainings for refreshers because I find myself wanting to refer to it again

Very informative and gave great examples of counseling.

it has given me confidence in my internship experience

If the iHELP Fellowship did not adequately prepare you for your licensure or certification exams, what areas need improvement?

Different disciplines working together unfortunately does not enhance the experience because OT students could not relate at all to our experiences, we couldn't spend more time on MHC issues

More discussions on the CPCE or licensure exam. The process to apply for examination was difficult. Having workshops or live registration can help students feel supported. I would also suggest tutoring or more material in classes.

I'm not sure the iHELP suits the exam preparation needs as it's a focused training on collaborative work on the field rather than exam preparation work. I'm okay with that though.

What aspects of the iHELP Fellowship experience (e.g., field experience, training, supervision, etc.) have been the most challenging for you or perhaps not valuable?

Simulations

Suicide prevention training has been the most valuable.

The monthly meetings were the least valuable.

I can't think of one at the time.

Journals were great way to reflect on specific cases, but I felt that this could have been a group discussion. Or it could have been a simulation within our groups.

Making time for supervision.

I found it all moderately and appropriately challenging and helpful

Monthly meeting with group leads felt unnecessary at times.

Monthly meetings

Paperwork and documentation has been challenging

Having a difficult employee at my field placement site.

All have been valuable however, communication with receiving financial payment was stressful and unpredictable.

Activity director who was not in my field (MFT does not fit well with MHC and School) and journals